

## Summer Playlist: Psalms of the Heart

This July we'll be exploring the book of Psalms through a sermon series: Summer Playlist: Psalms of the Heart. Since the Psalms have always been a part of the worshipping life of the faith community, we are invited to allow them to guide our worship and prayer life. The practice of praying the Psalms on a regular schedule, one after another, day after day, has been around since the beginning of the church.

Each Sunday, Pastor Sally will preach on a different element of the book, including: praise, happy, lament,

help, and longing. You are also invited to read through the book of Psalms throughout July. There are daily readings for morning and evening devotion and prayer. Let us join together in reading! A schedule is included in this newsletter, online and you can also have it texted to you twice daily. A musical playlist is also available via Spotify (search Myers Memorial and no membership is required to listen) with both secular and religious music inspired by the Psalms. Invite someone to join you in this season of Psalms.

Summer Playlist Reading Through **Psalms** You are invited to read through the book of Psalms this month. A reading plan has been provided in this newsletter, the bulletin, online and will be posted on our Facebook page. If you would like to receive texts at 8a and 6p with the morning and evening scripture reading, please text @MMPL19 to 81010.

### Music Camp 2019: What's Up, Zak?

The 2nd Annual Music Camp is July 29-August 2 is open to rising 1-6 graders no matter their musical experience! Have you registered your child or grandchild yet? It's not too late to contact Tony Sane for this week packed with fun activities, lots of singing & acting! We will be learning an entire musical in one week so it'll be a fast paced week and campers will be expected to be focused and engaged. Each day will include rehearsals in the

Whats UP Zak?

sanctuary, crafts, bible explorations and weather permitting, outdoor time! Each cast member will be given individual vocal instruction as they prepare for Friday's performance.

We hope you have made plans to attend the final performance on Friday, August 2 at 6p in the CFC. Contact Tony Sane, Director of Music, with any questions or to request scholarship assistance, tony@myersmemorialumc.com.

### Congregational Care

You are invited to send a note to one or all of these folks who are not able to gather with us in worship and small groups.

Check out the Congregational Care Bulletin Board in the Education Hall

> Charley Gage 4910 Harris Woods Blvd Charlotte, NC 28269

Max Erwin 3025 Imperial Dr Gastonia, NC 28054

Nancy Westbrook Abernathy Laurels 102 Leonard Ave., Apt. #108 Newton, NC 28658

Marjorie Foy Covenant Village 1351 Robinwood Rd. Gastonia NC 28054

Jane Ramsey Brookdale Union Rd 1717 Union Road. Gastonia, NC 28054

Julia Cauble Summit Place 1001 Phifer Rd Kings Mtn, NC 28086 Stephen Walls
Highland Apartments
401 N Highland St. Mailbox #39
Gastonia, NC 28052

Sue Auten Peak Resources 1101 N. Morgan St. Shelby, NC 28150

Carolyn Reece Carolina Care 111 Harrilson Road Cherryville, NC 28021

Lena Gunn Peak Resources 7651 Dallas Cherryville Hwy. Cherryville, NC 28021

> Fran Kinlaw 1351 Robinwood Rd Gastonia, NC 28054

Shirley Norman 645 Rosemary Lane Gastonia, NC 28054

Joyce Stowe Terrace Ridge 1251 E. Hudson Blvd. Gastonia, NC 28054

Kimberly Sarvis Holy Angels 6600 E. Wilkinson Blvd. Belmont, NC 28012 Shelba Shellman Morningside Gastonia 2755 Union Rd Gastonia, NC 28054

Betsy Noblett 812-6 Jamestown Dr. Gastonia, NC 28056

Frances Woodyard 2100 Scottwood Dr. Gastonia, NC 28054

Ann Teague Salem Square 1550 Babcock Dr. #7223 Winston Salem, NC 27106

> Willa Painter 1548 East Perry St. Gastonia, NC 28054

Ruby Voigt 150 Reep Road Kings Mtn, NC 28086

Joanne Young 3525 W. Franklin Blvd. Gastonia, NC 28052

Ruth King 109 B Stroupe Rd. Gastonia, NC 28054

Thelma Auten 2309 Sunset Dr. Gastonia, NC 28054



On behalf of the Henry Justice family and Cancer Services of Gaston County, I would like to personally thank you for your recent support of the Walk for Wellness: in memory of Henry Justice. This was our most successful event yet and the energy for the cause and wellness initiatives was contagious! We raised over \$6100 for those persons living with cancer in Gaston County.

The Lord blessed us with an absolutely gorgeous day and Myers members were out there in full force! We had walkers, boot camp participants, vendor support and speakers. I was overwhelmed with the Myers presence there that day. I know there were others who could not make it to the walk that made donations to Cancer Services and we are truly grateful for you all as well.

So many of us have been affected by cancer, either personally or in our families, that when there is an event like this that we can admire the survivors, support the fighters and honor the taken, it helps take some of the hurt out of our hearts. Thank you, thank you, Myers family. We will do this again next year, continuing Hannah Black's dream and Henry's legacy and watching it grow. Health and blessings to you all!

Sincerely, Allison Evanoff, Health Cabinet Chair

Dear Myers Memorial Church Family,

For a large portion of my life the Lord has been calling me into a career of full-time ministry. Therefore, following graduation this May, I accepted a two-year internship position with an amazing campus ministry called Reformed University Fellowship at Vanderbilt University in Nashville, TN!

Just after our wedding in July, my then wife, Rachel, and I will be moving to Nashville to begin this new and exciting chapter of our lives! This position is meant to grow and stretch me in countless ways both personally and spiritually. I will be leading weekly small group Bible studies, meeting one-on-one with students, planning social events, and meeting regularly with my ordained campus minister. I will be helping to put on a weekly "large group" as well where we will pray, sing and be taught by the word of God. I will also be participating in a very rigorous study plan that requires me to read Scripture daily as well as many other books about theology and Christian living. As a recent college graduate, I understand the deep need for a ministry that actively strives to keep college-aged individuals involved in the church and helps to keep them grounded in their faith during a time when it seems like everything around them is constantly changing. experience with RUF during college allowed me to connect deeply with other Christians in a gospelcentered community and to experience live-giving Biblical teaching on a weekly basis. I am so very excited for the opportunity to provide these experiences for the students at Vanderbilt and pray that God would use me to carry out his kingdom work on campus.

In order to get to campus and do anything ministry related I need to have fundraised 85% of my ministry salary for the year. I have full faith that the Lord will provide all that is required for me to minister effectively this coming year. If you would like to be included on my email list to stay updated about how things are going on campus and to hear about my fundraising needs please just send me an email me at jamison.brown@ruf.org or give me a call at 704-853-9799. If you would like to support my ministry through financial giving go to www.givetoruf.org/donate/1891

Thank you so much for reading and I humbly ask that you keep me and this ministry in your prayers over the next year!

Jamison Brown, son of Marty & Kelly Brown

### Praying the Psalms ~ July 2019

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	Morning	Evening
July 1	Psalms 1-5	Psalms 6-8
July 2	Psalms 9-11	Psalms 12-14
July 3	Psalms 15-17	Psalm 18
July 4	Psalms 19-21	Psalms 22-23
July 5	Psalms 24-26	Psalms 27-29
July 6	Psalms 30-31	Psalm 32-34
July 7	Psalms 35-36	Psalm 37
July 8	Psalms 38-40	Psalms 41-43
July 9	Psalms 44-46	Psalms 47-49
July 10	Psalms 50-52	Psalms 53-55
July 11	Psalms 56-58	Psalms 59-61
July 12	Psalms 62-64	Psalms 65-67
July 13	Psalm 68	Psalms 69-70
July 14	Psalms 71-72	Psalms 73-74
July 15	Psalms 75-77	Psalm 78
July 16	Psalms 79-81	Psalms 82-85
July 17	Psalms 86-88	Psalm 89
July 18	Psalms 90-92	Psalms 93-94
July 19	Psalms 95-97	Psalms 98-101
July 20	Psalms 102-103	Psalm 104
July 21	Psalm 105	Psalm 106
July 22	Psalm 107	Psalms 108-109
July 23	Psalms 110-113	Psalms 114-115
July 24	Psalm 116-118	Psalm 119:1-32
July 25	Psalm 119:33-72	Psalm 119:73-104
July 26	Psalm 119:105-144	Psalm 119:145-176
July 27	Psalms 120-125	Psalms 126-131
July 28	Psalms 132-135	Psalms 136-138
July 29	Psalms 139-140	Psalms 141-143
July 30	Psalms 144-146	Psalms 147-150
July 31	Reflect and Reread	Your Favorite Psalms

Prayers, Presence, Gifts, Service, Witness

July 2019

# Sunday Morning Servants

Coffee Fellowship Hosts		United/Young Adult Class			
Communion Stewards: July 7		Brent & Shelly Alman, Jim & Phyllis Windham, Lydia Smith, Freida Pendleton, Louisa Suggs			
	Head Ushers	Nursery Caregivers			
July 7	Ken Avery	Tanya Lunsford, Jennifer Gross, Paige Falls, Jaclyn Tant			
July 14	David Snyder	Angie & Victoria Flake, Elizabeth Lanier, Jennifer Stroupe, Robin Pearlman			
July 21	John Crain	Donna Fletcher, Karen Carrick, Sydney Shugart, Debbie & Angelica Brown			
July 28	Dave Davis	Lauren Hearne, Chris McCullen, Dana & Mallory Wolfe			

#### Youth & Children Leading in Worship

Scripture Reader	Crucifer	Acolytes		
July 7	Adam Anderson	Ella & Mattie Queen		
July 14 Dawson Moore	Katie Carpenter	Charlotte Hearne & Rhett Buchanan		
July 21 Hallie Walker	Matthew Walker	Andrew Walker & Brock Davis		
July 28 Angelica Brown	Kathleen Sharp	Lilly Allen & Evan Falls		

## Congratulations to

Erika & Davis Phillips on the birth of *Carter James* born June 9. Grandparents are Paula & David Phillips.

Lauren & Matt Hardiman on the birth of *Ava Gray* born June 14. Big sister is Kyndal and Grandparents are Cindy & Mike Gillespie.

Teanna Little & Jordan Johnson on the birth of *Jahir Johnson* born June 23. Grandmother is Evelyn Long.

Zach & Courtney Hurst
On the birth of *Hudson Verne* on June 24.
Grandparents are Penny & John Hurst.

# Offerings & Attendance

	Worship	Facebook Views	Sunday School	Offering Received
May 26	211	543	75	\$9,564
June 2		498	112	\$17,844
June 9	215	498	100	\$14,254
June 16	202	439	73	\$8,265
June 23	146	276	75	\$8,075

# Church Office

(M-Th) 9a to 4p (Fri) 9a to 12p

(M-F) 8:30a to 12:30p Meals on Wheels

Weekday Preschool September-May 8:30a to 12p

10a Grief Share 11a Al-anon

Wednesdays

7:30p NA Fridays

88 9:30a Coffee Fellowship Schedule of Regularly 9a Focus Prayer Group Scheduled Events 9:45a Sunday School 6p Cub/Boy Scouts 10:50a Worship Tuesdays Mondays Sundays

6:30p DC/DC4K

6p Men's Basketball 7p Chancel Choir 6p Knit for Christ Thursdays

7:15a Devotion

Muzeh	SAT	6 9a VBS Decorating	13 9a VBS Decorating		20 8a Trinity Community Breakfast, Trinity	nMC	27			
9 <i>dist</i> (4	1981	വ	12	NC	19		26		<u>a</u> –	
Metho	THURS	Office Closed	11 12p Joy Circle	nter, Hayesville,	18 11:30a 60+ Fellowship, Don	Pedros .	25 10a Myers Mondays & Me WNCC Camping & Retreat Ministry Committee		Performance 8/2 at 6p	
<b>Jial Phited O</b> www.MyersMemorialUMC.org/calendar	WED	Е	10 6:30p VBS Decorating	Youth Mission Trip: Hinton Rural Life Center, Hayesville, NC	17		24	31		
Ojial 9	TUES	2 6:30p Divorce Care/ DC4K	9 10a Grief Share 5:30p Executive Committee 6:30p Divorce Care/ DC4K	uth Mission Trip: H	16 10a Grief Share	on Bible School	23 10a Grief Share 6p Dementia Caregiver Support, Trinity UMC 6:30p Divorce Care/ DC4K	30 10a Grief Share	Music Camp: What's Up Zak?	6:30p Divorce Care/ DC4K
Mem	MON	1 10a Myers Mondays & Me	8 10a Myers Mondays & Me	You	15 August Newsletter Deadline	6p to 8p Vacation Bible School	22	29 10a Myers Mondays 8. Mo	X INIE 6.30n HalfTime	
Myers Memorial Mitted Methodist Church www.MyersMemorialUMC.org/calendar 704-864-3222	SUN	hymb	7 Communion 8a UMM/UMW 9:15a Health Screenings, CFC 12:30p IXB/Youth Pool Party		14 1:30p VBS Setup		21 5:30p Youth/IXB AOK	28		5:05p Youth/IXB Knight at the Knights

### Children's Ministry

Myers Mondays & Me is designed for toddlers through 3rd graders and their favorite adults (and older siblings). Join together to enjoy summer playdates with other children, parents/grandparents and friends! Please RSVP to Connie by Thursdays before the scheduled playdates on Mondays. Unless otherwise noted, please pack a morning snack/early lunch for your family. Rain will not spoil our plans! We'll meet in the church building if the weather threatens our fun!

Monday, July 1 | 10a | ImaginOn Charlotte is a one -of-a-kind destination in Charlotte as the #1 children's library in the US. It's a wonderful place to explore! Meet at the church at 10a to carpool. We'll grab lunch on our way home.

Monday, July 8 | 10a | Playing at Poston Park. We will leave the church at 10a or you can meet us at there (1101 Lowell Spencer Mtn. Rd.) There is a bike park, playgrounds, fishing, hiking and more so bring along what you'd like to do! We will return to the church by noon.

Monday, July 15 | 6p to 8p | It's VBS week at Myers Memorial! Be sure to register and attend Sunday through Wednesday from 6p to 8p each evening. VBS is for all ages! Parents & Grandparents are invited to volunteer or go to a class of their very own!

### 60+ Fellowship

Thursday, July 18 | 11:30a | Lunch at Don Pedro Gather around the table at one of our favorite lunch places, Don Pedro Mexican Restaurant (3272 Union Rd). RSVP to Connie by July 15 so adequate seating can be reserved.

### Half-Time: Blessing of MidLife

Monday, July 29 | 6:30p-8:30p | Picnic at the Park

We're headed to Kevin Loftin Riverfront Park (1400 Catawba St., Belmont) for a summertime picnic along the banks of the Catawba River! Bring your favorite picnic foods and drinks as we spread a buffet for all to enjoy! Paper products and ice will be provided.

Thursday, July 25 | 10a | All Aboard! M3 is on the move because the Shelby train is closed on Mondays! We can't wait to ride the 1919 Carousel at the Rotary Special Miniature Train, plus the playground! The Carousel and Train Rides are \$.50 each and one adult can stand with a child for free. We will stop for lunch on the way home.

Music Camp | Mon, July 29 - Fri, August 2 | 9a to 12p

It's music camp week for our rising 1st—rising 6th graders. Please register for Music Camp, *What's Up, Zak?* with Tony Sane, Directory of Music. And make plans to attend the Friday performance at 6p in the CFC.

Monday, July 29 | 9:15a | Garden Day at Stowe Spend the morning exploring the beautiful gardens! A special program called *Small Stalks* is happening for 2-5 year olds in the Lost Hollow for the price of admission plus \$14 (one adult and one child). Older children or those who don't want to participate in the special program will enjoy time exploring God's beautiful Garden. We will leave the church at 9:15a and return by noon.



### Caregiver Support Group

for Alzheimer's & Dementia Related Concerns 4th Tuesday of each month, 6p to 7p Trinity UMC 1513 Florida Ave, Gastonia Leadership provided by CaroMont Hospice, Beverly Lutz, MSW, LCSW, 704861-8405

### Youth Ministry

Sundays 9:30a Coffee Fellowship (food!) 9:45a Sunday School 10:50a Worship

Sunday, July 7 | 12:30p - 3:30p | Summer Splash! We are splashing into summer with a pool party Sunday after worship at the Queen Family home. Bring your suits, towels and sunscreen to church as we'll be departing after worship. Students will need to be picked up at the Queens at 3:30 pm. Please RSVP to Tresca or Pastor Sally so we may provide directions and have an accurate count for lunch.

July 14-17 | 6p - 8p | To Mars & Beyond! Without leaving the church we'll discover where God's power can take us! Join us for engaging Bible stories and fun activities with friends new & old that remind us of God's love for us! Register at www.MyersMemorialUMC.org and click on the VBS logo.

July 21 | 5:30p - 7p | Service Night Jesus reminds us that he did not come to be served, but to serve and his life on earth was full of examples of serving others. That's why we have a night of service every month! #ourmissionistolove Gather this night for dinner and service to others.

July 28 | Family Fun Night at the Knights
We're headed to Charlotte for the 5:05p game at the
Charlotte Knights! Tickets are \$10 each (payment
reserves your tickets). Hop on the bus at the church at
3:45p for a ride to the ball field in uptown Charlotte.

Tickets are limited!

Youth Mission Trip | July 7-13 | Hayesville, NC Please hold these team members in your prayers as they travel, serve and may the never be the same: Marie Kalinoski, Sydney Shugart, Katie Carpenter, CJ Carpenter, Lauren Snyder, Dawson Moore, Lynda Sides, and Tresca McSwain. These youth and adults are participating in a weeklong mission trip at Hinton Center in Hayesville, NC. While there, they will join with other youth groups to work on homes in the local Appalachian Community.

InXbetween Mission Mania | August 5-8 Mission and Fun activities abound as we go crazy in serving God and serving others this week! Monday — Thursday, 9am to 2p (except Tuesday, we depart at 7:30a), this week is designed for rising 5th-8th graders. Pack a bag lunch & reusable water bottle each day. Cost is \$100 for this weeklong service camp! More details can be found at www.myersmemorialumc.org/youth.

### July 28<sup>th</sup> is World Hepatitis Day

What is hepatitis? The simplest definition is inflammation of the liver. It can be caused by medications, fat deposits, autoimmune, alcohol or dangerous viruses.

World Hepatitis Day is a celebration of the progress that has been made in the elimination of viral hepatitis. It is one of the World Health Organizations seven officially mandated global public health days.

In 2016 every country signed up to eliminate viral hepatitis by 2030, currently 12 are on track to do so. Viral hepatitis kills more than 1.34 million people each year, more than HIV/AIDs and malaria, yet there is a cure for hepatitis C and a vaccine and effective treatment for hepatitis B, the 4000 deaths each day are preventable. Currently 290 million people live with viral hepatitis completely unaware; one of the key reasons is the lack of awareness of this disease.

A few general routes of transmission for hepatitis B or C viruses include risky behaviors, health procedures, tattooing or body piercing with unsterilized equipment. More details can be found by asking your health care provider.

If you think you could have been at risk from either hepatitis B or C, it is important to get tested. A specific test is required for each. Do not assume that you would have been tested in a routine health check.

Getting vaccinated is the best way of preventing hepatitis B infection. More than one billion doses of the hepatitis B vaccine have been used since the early 1980s and it has been shown to be effective in approximately 95% of cases. There is currently no vaccine for hepatitis C.

Ask your doctor today whether you should be screened!

## Myers Memorial United Methodist Church

301 S. New Hope Road Gastonia, NC 28054 704-864-3222 www.MyersMemorialUMC.org ChurchOffice@MyersMemorialUMC.com Non-Profit Organization U.S. Postage Paid Gastonia, NC Permit #185

VBS 2019

Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us! Ephesians 3:20

Vacation Bible School is finally here! We're going to Mars and Beyond and Explore Where God's Power Can Take You!

Our amazing space adventures will take place from 6p to 8p on July 14-17 (no meal provided).

VBS is open to children, adults and youth and includes daily snacks, crafts, science, games, songs, Bible stories, and more!.

Sign up online at www.MyersMemorialUMC.org and click on the VBS icon.

We hope to see you there!

