



Church Wide Day of Service

As we seek to *Choose Each Day* how we will serve God and neighbor, Myers Memorial UMC will offer opportunities throughout the year to serve together.

On Sunday, February 17, you are invited to the first Church Wide Day of Service to **Share God’s Love!** We will share the love with others in our congregation who are not able to come to church each week for a variety of reasons (be it due to age, ability or transportation).

Join us for lunch following worship and **have opportunities to make valentine’s** cards to share, then we will divide up and go visiting, sharing love and friendship with others as we sit and share stories, pray and get to know one another. This is for all ages!

Please RSVP for lunch and service via the Sunday Connection Card or by calling the church office.

Mark your calendar for the next day of service in our neighborhood, Saturday, May 18th.

Praying Our Way Forward

February 23-26, the people of The United Methodist Church will be gathering in St. Louis for a special session of the General Conference. This global gathering, and top policy making body of the UMC, will receive and act on a report from the Commission on a Way Forward based on recommendations of the Council of Bishops. The 32-member commission was authorized by the General Conference 2016 and appointed by the Council on Bishops to examine paragraphs in The Book of Discipline concerning human sexuality and exploring options to strengthen the unity of the church.

You are invited to set an alarm to alert you each day and between the time of 2:23 and 2:26, please pray. Pray specifically for the delegates traveling from around the globe to attend this meeting. **Pray for the work they will be doing. Pray that God’s will be done.**

You are also invited to pray specifically for Pastor Sally during the General Conference session. An hourly prayer list will be posted outside her office awaiting our names as we support her through constant prayer.

On Wednesday, February 6th from 6-7pm you are invited to gather in the Sanctuary for an informative and prayerful gathering led by Pastor Sally Queen. Pastor Sally is a clergy delegate to the General Conference, elected by the Annual Conference. She, along with the other members of the delegation have been studying and listening to the members of the Western North Carolina Conference. You are invited to come learn about the petitions being considered and pray.

On Sunday, March 3rd from 9:45a to 10:30a, Pastor Sally will lead a Follow Up Session in the CFC to help us unpack the events and any decisions that were made.

Until then, may we be one in Christ through prayer.

2018 in Numbers

- 732 total members
- 34 new members in 2018
- 6 baptisms (children & adults)
- 229 average worship attendance
- 491 average online views

Health Cabinet News

February is Heart Health Awareness Month so our topic this month is about the benefits of an Automated External Defibrillator. What is an AED (Automated External Defibrillator)? The following information has been adapted from the American Heart Association.

An AED is a lightweight portable device that sends an electric shock through the chest to the heart. The shock can potentially stop a fatal heart rhythm and allow a normal rhythm to occur in the setting of sudden cardiac arrest. When sudden cardiac arrest occurs it is usually from the heart electrical activity malfunctioning and this causes the heart to stop. **If not treated within minutes, it will lead to death. A victim's chance of surviving drops 7-10% for every minute a normal heart beat isn't restored.**

AEDs make it possible for more people to respond to a medical emergency when defibrillation is required. AEDs are portable and can be used by non-medical/lay rescuers. The AED has a built in computer that assesses the rhythm and tells the rescuer whether defibrillation is needed. Vocal prompts guide the user through all steps in this process. Although formal training is not required, it is recommended so that the user is more comfortable when the need arises.

At Myers Memorial UMC we currently have one AED located in the hallway between the education building and the sanctuary. It hangs on the wall nearest the education building side of the hallway. The AED, in conjunction with rapid use of 9-1-1 and the use of CPR are all vital parts in improving the survival from sudden cardiac arrest.



Unfortunately, we have postponed our CPR course previously scheduled for February. The Health Cabinet and Safe Sanctuary committees are working to develop a **'first responder' list, rotation and keys to identifying** congregation members who are comfortable responding to emergencies should the need arise on a Sunday morning or other times when we are gathered together.

Adult Ministry

Connie Elzey, Director of Christian Education
dce@myersmemorialumc.com

DivorceCare & Divorce Care for Kids

- Will resume on Tuesday, February 5 at 6:30p. This support group for adults and young children meets weekly for 13 weeks. If you or someone you know would benefit from this group, please contact Connie Elzey to sign up or for more information.

HalfTime | Second Mondays | 6:30p

The HalfTime group is designed for adults in the middle of life and living through the blessings of aging **parents, empty nesting, and looking ahead at what's next.** If this sounds like where you are in life, then please join us on the second Monday of each month at 6:30p.

- **February 11 | Guilt ~ We'll meet with Rev. Eddie Ingram** as we explore and deal with the Guilt that comes along with the season of midlife.

60+ Fellowship | February 21 | 9:30a

- **We're on the road this month to visit the Carolinas Aviation Museum and the 10th Anniversary Exhibit of the "Miracle on the Hudson"** We will meet at the church at 9:30a, visit the museum and then have lunch together. Please RSVP by Monday, February 18.

VBS 2019 Preview Workshop | February 23

- **It's going to be out of this world as we gather with other churches at St. Andrews UMC in Charlotte to preview "To Mars & Beyond! Explore Where God's Power Can Take You!"** We'll leave the church at 8:15a. This event is free for our volunteers and includes lunch! Sign up with Connie by Monday, February 18.



Grief Share | Tuesdays | 10a

- Grief Share regularly meets on Tuesday mornings at 10am in the Parlor and supports those working through the grief of losing a loved one. Contact Connie Elzey for more information.

Trustees Report

John Fletcher, Trustees Chair
john@carolinabomanite.com

The Trustees met in January to review the work of 2018 and set goals for 2019. After reviewing the 2018 goals list of approximately 33 items, John Fletcher, Trustees Chair, was pleased to report that 16 of these items had been completed, including the LED lighting project. We look forward to hearing more about the 2019 Trustee Goals as the committee continues to seek focus for a few items of immediate concern to our church and its members.

One area of discussion continues to be our Controlled Access Program. The committee voted in favor to approve funds for a complete lock rekey of our more than 15 exterior doors. Although no date has been set for this rekey event, we will provide ample information to our church members as we continue to improve the safety and security of our church members, preschool attendees and many guests. The trustees all agree that, although a minor inconvenience to some, providing a safe and secure building is of utmost priority.

Our focus for 2019 is going to be improving the exterior appearance of our church. With construction continuing along New Hope Rd. we plan on using this time to

make improvements to our landscaping, our entrances and our signage. We look forward to input from our members as we develop a plan to begin sometime in March with some initial plant and tree removal.

Lastly, the committee also approved a preliminary study to be done regarding the feasibility of a Columbarium on church property. The Trustee Chair has reached out to a few landscape architects for their input and ideas regarding a potential site and initial design ideas. Trustees is reaching out to our membership for inclusion on a Columbarium Garden Roundtable to be held in the upcoming months. Please contact the church office or Trustee Chair, John Fletcher, if you want to be a part of this conversation.

On a personal note, John Fletcher wishes to thank **everyone who came out on January 13th to help “purge”** our storage closets of excess material and trash. We accomplished more than expected and look forward to organizing the remaining materials and supplies for upcoming program use.

*Check out the
Congregational Care Bulletin
Board in the Education Hall*

Charley Gage
4910 Harris Woods Blvd
Charlotte, NC 28269

Max Erwin
3025 Imperial Dr
Gastonia, NC 28054

Nancy Westbrook
Abernathy Laurels
102 Leonard Ave.,
Apt. #108
Newton, NC 28658

Marjorie Foy
Covenant Village
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Gastonia NC 28054

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Brookdale Union Rd
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Gastonia, NC 28054

Julia Cauble
Summit Place
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Kings Mtn, NC 28086

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Highland Apartments
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Mailbox #39
Gastonia, NC 28052

Sue Auten
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Carolina Care
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Cherryville, NC 28021

Lena Gunn
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Cherryville, NC 28021

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Holy Angels
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Belmont, NC 28012

Ruby Voigt
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Kings Mtn, NC 28086

Joanne Young
3525 W. Franklin Blvd.
Gastonia, NC 28052

Ruth King
109 B Stroupe Rd.
Gastonia, NC 28054

Congregational Care

Stewardship Report

Prayers, Presence, Gifts, Service, Witness

February 2019



Living out & Living into our Faith

Worship Offerings & Attendance

	Worship	Facebook Live	Sunday School	Offering Received
December 23	199	20	96	\$21,130
Christmas Eve	5:30p: 285		11p: 86	
December 30	176	25	89	\$18,014
January 6	191	28	94	\$14,77
January 13	223	30	99	\$7,365
January 20	200	19	100	\$7,840

Gifts Given in Memory of

Ted Beasley
Charlie Zimmerman
Lillian Jackson

Reggie Davis
Sara Davis

Gifts Given in Honor of

Ann Beasley
Little Red School House
by Gaston County School Nurses

Doug & Mary Drum

Sympathy to

Rusty & Kelly (Gillespie) Melton & family on the death of Maddie Grace Melton on December 27, 2018

The Davis Family on the death of Reggie Davis on December 28, 2018 and Sara Rhyné Davis on January 15, 2019

Do you have news or information about an upcoming event or a story about an ongoing ministry?

Make sure we have all the details by clicking this Submit News image on the Church Website or visit www.MyersMemorialUMC.org/submit-news



Sunday Morning Volunteers

Coffee Fellowship Hosts		Head Ushers	
Feb. 3	Open Minds	Feb. 3	Ken Avery
Feb. 10	Open Minds	Feb. 10	TBD
Feb. 17	Open Minds	Feb. 17	John Crain
Feb. 24	Open Minds	Feb. 24	TBD

Communion Stewards ~ February 3

Allison Evanoff & Brendan Rooney Brad & Pat Rivers,
John Harrington, Jamie Hester, Tanya Lunsford

Youth & Children Leading in Worship

	Scripture Reader	Crucifer
Feb. 3	Hallie Walker	Evan Falls
Feb. 10	Jillian Medlin	Kathleen Sharp
Feb. 17	Dawson Moore	Ashley Fehrs
Feb. 24	Brooke Cox	Marie Kalinoski
Acolytes		
Feb. 3	Andrew Walker & Mattie Queen	
Feb. 10	Adam Anderson & Brock Davis	
Feb. 17	Charlotte Hearne & Ella Queen	
Feb. 24	Rhett Buchanan & Evan Falls	

Heart Healthy Cooking Class

February 21 at 6p in the CFC

A heart healthy diet is one of the most important lifestyle factors that can help reduce heart disease. Please join us for a free cooking class conducted by Executive Chef Michael Ryan to learn how to make an easy and delicious meal that is good for your heart. Funded by Caromont Heart Foundation, space is limited to 35 participants Please RSVP by calling the church office at 704-864-3222.

Menu: Spinach & artichoke hummus, Tex-mex garden veggies, seared chicken breast with pineapple salsa, strawberry & banana sorbet



Myers Memorial United Methodist Church Calendar

www.MyersMemorialUMC.org/calendar

704-864-3222

SUN	MON	TUES	WED	THURS	FRI	SAT
 <h1 style="font-size: 4em; margin: 0;">February</h1>						
3 Communion 8am UMM 9a Health Cabinet 10:30a Health Cabinet Screenings, Bridal Room 12p Chili Cook Off for CAM 2p Nurture/Children's Council	4 3p Sandwich Making 4:15p Supper Club at WGBGC	5 10a GriefShare, Parlor 6:30p Divorce Care/DC4Kids	6 9:15a Women's Bible Study 11a Warlick Mentoring 5:15p Connect Meal 6p Connect Worship & Prayer Service	7 12p Joy Circle, Milano's	8 March Newsletter Deadline	9 Camp Tekoa Counselor Interviews
10 Scouting Ministry Sunday 12:15p Weekday Preschool Committee 5p Youth Chorale 5:30p SNL	11 6:30p Half-Time	12 10a GriefShare, Parlor 6:30p Stewardship, Asbury 6:30p Divorce Care/DC4Kids	13 9:15a Women's Bible Study 5:15p Connect Meal 6p Connect Worship	14 9:30a 60+ to Aviation Museum 6p Heart Healthy Meal, CFC	15 6p UMW Festival of Tables	16 8:15 a VBS Workshop, CLT General Conference Special Session, St. Louis thru 2/27
17 Share the Love Day Children Sing in Worship 12p Day of Service 5p Youth Chorale 5:30p SNL 7p Church Council	18 President's Day Weekday Preschool Closed	19 10a GriefShare, Parlor 6:30p Trustees 6:30p Divorce Care/DC4Kids	20 9:15a Women's Bible Study 11a Warlick Mentoring 5p Health Cabinet Screenings 5:15p Connect Meal 6p Connect Worship	21 February Food Items for CAM 	22 Praying Our Way Forward Prayer Vigil Through 2/27	23 February Food Items for CAM Hearty Breakfast Foods Oatmeal & Grits
24 12p Acolyte Training 5p Youth Chorale 5:30p SNL	25 6:30p Pack 21, CFC	26 10a GriefShare, Parlor 6:30p Divorce Care/DC4Kids	27 9:15a Women's Bible Study 5:15p Connect Meal 6p Connect Worship	28 6p Koinonia Circle, Parlor	29 6p Chancel Choir	30 7p Chancel Choir

Church Office
 (M-Th) 9a to 4p
 (Fri) 9a to 12p
 Weekday
 Preschool
 (M-F) 9a to 12p
 Meals on Wheels
 (M-F) 8:30a - 12:30p

Schedule of Regular Events

Sundays
 9a Focus Prayer Group
 9:30a Coffee Time
 9:45a Sunday School
 10:50a Worship
 5p Sunday Night Live
 5p Youth Choir
 5:30p IxB & Youth
 Snack Supper
5:30p Children's Choirs & Worship Arts
 5:30p Disciple I & III

Mondays
 5p Aldersgate Bells
 6p Cub/Boy Scouts

Tuesdays
 10a GriefShare
 11a AI-anon
 6p Girl Scouts
 6:30p World Religions
 6:30p DC/DC4K
 6:30p Chancel Bells

Wednesdays
9:30a Women's Study
 5:15p Connect Dinner
 6p Connect Worship
 6p Knit for Christ
 6:30p Small Groups
Whole 30; Men's
 Bible Study
 7p Chancel Choir

Thursday
6p Men's Basketball
 7:30p NA

Friday
 7:15a Devotion

Children's Ministry

Connie Elzey, Director of Christian Education
dce@myersmemorialumc.com

Weekday Preschool

Janet Lagos, Weekday Preschool Director
preschool@myersmemorialumc.com

- Sunday School Notes | Preschool - 3rd graders gather at 9:45am in room 110 with Pastor Sally before heading to classes. Preschool and Nursery Parents, please sign your children in on the pink sign in sheet. This allows us to better care for children during the Sunday school/Worship transition. Elementary Children (Spark) will return to Room 110 at 10:40am for pick up.
- Share the Love Sunday | February 17
During Sunday School we will travel to the adult classrooms to share (Hershey's) Hugs & Kisses! It's a fun way to see how others who love God learn about God on Sundays! The Musik Makers & Spark Choirs will sing in worship and then after worship we'll gather for the Church Wide Day of Service! It's going to be a great day to share God's Love!

February's Sunday School Theme | Family Wisdom

Love the Lord your God with all your heart,

all your being, and all your strength. Deuteronomy 6:5

February 3: Family's Remember God *Deut. 6:4-9*

February 10: Family Traditions *Daniel 1:1-21*

February 17: A Family's Faith *Acts 16:1-5; 2 Tim. 1:5-7*

February 24: Family Proverbs *Proverbs 10:1; 17:17*

- February is all about Community Helpers in the Preschool! This month we'll enjoy visits from the Fire Department, a Dentist and the Police Department! If you are a Community Helper and would like to visit the preschool, please contact Janet Lagos to schedule your visit.
- Summer enrollment is currently underway for currently enrolled students and their siblings. Please indicate your interest in a summer camp spot to Janet Lagos as soon as possible!
- The Weekday Preschool will be closed on February 18th for Presidents Day.

Outreach Opportunities

- Making Sandwiches for the Club You are invited to gather on the first Monday of each month (February 4) at 3pm to assemble Sandwiches for the W. Gastonia Boys & Girls Club. Meet in the CFC Kitchen to make sandwiches and then deliver to the Club for the 4:30p meal. Servers are always welcome!
- Trinity UMC Community Breakfast, February 16, 8:30a You are invited to prepare, serve, and enjoy breakfast in the community on the Third Saturday of each month at Trinity UMC, 1513 Florida Street.
- Crisis Assistance Ministry is always seeking volunteers. Opportunities available include Receptionist (*greet clients, answer phones, filing and basic computer operation*); Interviewer (*talk one-on-one with applicants to gather and record information*); Food Pantry (*pack bags for recipients, sort food, stock shelves*) and Food Pick Up (*pick up donated food from area retail stores*). If you are interested, please contact CAM's Volunteer Coordinator, Jenny Moran at 704-867-6076

Festival of Tables

Saturday, February 16 | 6p to 8p | CFC

Join the UMW for an evening of great food, fun and fellowship at the annual Festival of Tables! Show your personality, passion and creativity as a table hostess! Table Hostesses are responsible for decorating a unique table and filling 6-8 seats at your decorated table. Simply looking for a fun night out? Purchase guest tickets and seats will be assigned as available. And yes, men are invited as well! Tickets are \$20 per person and all money raised will support United Methodist Women ministries at Myers Memorial UMC. Sign up as a table hostess or for guest tickets on the sign up forms in the CFC Lobby. Contact Debbie Brown at 704-516-9578 with questions.

Youth & InX Between Finance Update

Tresca McSwain, Director of Youth & Young Adults
thmcswain@gmail.com, 704-477-7447

Weekly Youth & InXbetween Opportunities

Sundays

- 9:30a Coffee Fellowship (food!)
 - 9:45a Sunday School
 - 10:50a Worship
 - 5p Youth Chorale (*beginning 2/10*)
 - 5:30p Youth & InXBetween (meal & program)
- Youth** (9th-12th Grades) Youth Lounge

InX Between (4th-8th Grades) Lounge Classroom

February 3 | 12p | CFC

- Chili Cook Off for CAM ~ youth & inXbetweeners and families are needed to assist with set up, hosting and clean up as we seek to tackle hunger! Do you have a favorite Chili recipe? Enter it in the friendly competition! *No evening events.*

February 10 | 5:30p | Why Serve?

- Jesus talks a lot about serving others, so what does that mean for us as tweens and teens? We'll look in-depth for opportunities to serve every day.

February 17 | 12p & 5:30p | Day of Service

- Stay after church for lunch and service with the entire congregation as we go visit and get to know some of our older members.
- Come back at 5:30p as we continue the day of serving through various opportunities for youth & InXbetweeners.

February 24 | 5:30p

- Youth | Game On! Bring your favorite game to play with friends and maybe a couple friends! Will we find the spy? Who will get the last spoon? Who's super powers are the best?
- InXbetween | Super Sunday Sillies Come for super silly fun and great goofy games!

February 24 | 12p | Acolyte Training

- 4th-8th graders are invited to stay after worship for the latest Acolyte training. Are you an old pro? Come encourage your friends. Never done this before? Come find out what it takes to carry the light of Christ in and out of worship each Sunday! Training will last approximately 15-20 minutes.

End of the Year Finance Update

from Pastor Sally

Your financial giving allowed us to meet ALL of our expenses and ministry commitments for 2018, including paying 100% of our apportionments. We are appreciative of each gift given during 2018. And we are so proud that all of us worked together to achieve our financial goal. We are also grateful for the diligence of our church staff and volunteers who practice responsible spending. The end of the year success reminds me that the folks at Myers Memorial are generous and faithful.

I want to invite you to give consistently during 2019. Your consistent gifts will help us faithfully meet our financial commitments through out the year. Kevin and I have found that having our tithe automatically drafted from our checking account on the 2nd of each month keeps us consistent in our giving. You are invited to take advantage of this opportunity by making an online donation through Vanco which can be accessed by our website, www.myersmemorialumc.org and clicking the "Give Online" button. You may also contact your financial institution to set-up reoccurring contributions through their online services.

If you ever have questions about the financial commitment you made to the church, you may contact Angie Rutledge at Cherry Bekaert 704-671-3662. Cherry Bekaert handles our financial records and Angie is available to answer questions.

**Enjoy a Country Breakfast Buffet and
Support Boy Scout Troop & Pack 21
Saturday, February 2
7a to 10:30a**

Adults \$9

Seniors \$5

Children under 5 eat free

**All proceeds to support the
scouting ministry of Myers
Memorial UMC.**





Myers Memorial

United Methodist Church

301 S. New Hope Rd., Gastonia, NC 28054
704-864-3222
www.MyersMemorialUMC.org
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MYERS MEMORIAL UMC GASTONIA
PRESENTS

**CHILI
COOKOFF
FOR
CAM**

GOOD FOOD AND FRIENDLY
COMPETITION FOR A GOOD CAUSE

SUNDAY FEBRUARY 3 | 12PM
301 S NEW HOPE RD GASTONIA
WWW.MYERSMEMORIALUMC.ORG

PRAYING OUR WAY FORWARD
We are One in Christ
UMCprays.org • A UMC Prayer Community

We are called to a posture of prayer, praying for God’s leadership to guide us effectively in fulfilling the mission of the church. In prayer, we can be one in Christ. How can we show God’s great love and mercy to one another as we make decisions? As we move closer to the special-called session of General Conference, we invite all UMC members, across the denomination to pray and ask for God’s guidance. If there is ever a place we can be one, it’s in the space where we meet God.

Join us in Praying our Way Forward
see more on page 1 of the newsletter